

## Scott Park Phillips

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**Vision (adults):** *Challenging students to discover insights and linkages between martial arts, dance, ritual, theater, and enlightenment. Inspiring physical, emotional and conceptual breakthroughs across cultural boundaries of religiosity and meaning. Fun, deep, disciplined, and spontaneous.*

**Vision (youth):** *Mentoring raw physical performance prowess, spontaneity, and rhythmic sensibility, within an ethic of community oriented meritorious action.*

### Teaching (Adults)

North Boulder Park, Chen style *taijiquan*, *yiquan* meditation and *baguazhang*, 5 days a week.

Boulder, CO 2014-present

Lishi Organization International, ten days of workshops in Dance as Self-Defense, Chinese Martial Arts, Daoyin and lectures on history and religion, with Alex Boyd.

London 2015

Amsterdam 2015

Portland Shaolin Center, “Dance as Self-Defense” and “Pure Internal Martial Arts,” two weekend workshops 30 students each.

Portland, OR 2015

Zen Shiatsu Chicago, “Daoyin as Alchemy for Advanced Practitioners of Asian Bodywork,” with Michael DeAgro (Asian Bodywork Association of America), 25 students, three day workshops, on three separate weekends.

Chicago 2013-2015

Circus Arts, “Everything about Taijiquan” and “The Complete Qigong,” two workshops fifty students each.

Traverse City MI 2014

Ottawa University Theatre Department, “Martial Arts as Embodied Theater,” with Daniel Mroz Phd.

2014

Soja Martial Arts, “Martial Arts Games,” and “Dance as Self-Defense” and “Circus Daoyin” 3 hour workshops for adults offered 12 times, approximately 20 students per session

Oakland, CA 2013-2015

American College of Traditional Chinese Medicine Department of Physical Medicine, *taijiquan* and *qigong* with historical & cultural contextualization, 22 hours, 25 students per session, 500 students total

San Francisco 2002-2007

Orthodox Daoism in America classes (10 students per session) and retreats (50 students per session), *qigong*, *daoyin*, *baguazhang*

Santa Cruz, CA 1996-2005

Essence of Change *liuhexinyi* & *baguazhang* workshops, performances, and lectures (50 students)

Tel-Aviv, Israel 2005-2006

St. Agnes Church, Spiritual Life Center *taijiquan* instruction (20 students, 3 sessions)

San Francisco 2005

Asian Art Museum in conjunction with the exhibit "*Taoism and the Arts of China*," 6 classes (20 students per session), 4 lectures (30 participants), consultations for film series "*Daoism in Film*," and 5 martial arts performances

San Francisco 2001

People Soft, *taijiquan* drop-in instruction

Pleasant Hill, CA 2001

San Francisco Art Institute *taijiquan* & *qigong* (4 semester long sessions of 15 students).

San Francisco 1998-1999

Kuan Yin Healing Arts Center HIV & AIDS Alternative Medical Clinic, *drop-in qigong* instruction (30 students once a week for 2 years)

San Francisco 1998-1999

Osher Marin Jewish Community Center, *taijiquan* & *qigong*

San Rafael, CA 1996-1997

Internal Technique: a series of collaborative workshops with Rebecca Haseltine using Body-Mind-Centering, Dance and Martial Arts (3 weekend workshops, 25 students each)

San Francisco 1996-1998

Private Lessons, Group and Individual, countless private clients

1996 - present

**Teaching (youth):**

Creative Dance Kids: “Kungfu-Hip-Hop,” six (8 week) sessions at Flagstaff Academy and Friends’ School.

Boulder, CO 2014-2015

Performing Arts Workshop: Teaching *Northern Shaolin* as a performing art with Chinese Opera percussion and animal circus *daoyin*, focusing either on an *end performance* or on “*world dance*” in a cultural context. Semester-long in-school residences, after-school programs, and emergency homeless shelters. (Approximately 2000 elementary school students served.)

San Francisco 2001-2012

Mission Education Center: same style class described above but for *non-English speakers* (500-600 students served)

San Francisco 2007-2013

Lafayette Parks and Recreation Summer Workshops: Week long workshops focused on animal movement (*daoyin*) ending with a performance (4 session, approx. 12 students each)

Lafayette, CA 2011-2012

Raphael House, Hamilton Family Centers, Homeless Shelters for Families

San Francisco 2002-2009

Young Audiences: School Residencies and Performance Demonstrations

San Francisco Bay Area 2001-2004

Urban Pioneer Program (Alternative High School for “at risk youth”): Ropes Course Leader (countless participants), Wilderness Mentor (250 students served) and Martial Arts Instructor (300 students), *supervised two successful wilderness evacuations*

San Francisco 1998-2004

Galileo Outdoor Adventure Programs (Alternative High School) Martial Arts Instructor

San Francisco 1997-1998

Jefferson Wilderness Program (Alternative High School) Martial Arts Instructor

Daly City, CA 1996-1997

Where There Be Dragons (Summer Abroad Adventure Program) *China Guide* for 15 high school students

Peoples Republic of China (PRC) 2001

City of Oakland: Sailing instructor (youth & adults). Created a boating summer camp from the ground up, including original curriculum development, hundreds of on-water rescues, (approximately 1000 students served)

Oakland 1992-1994

Mill Valley School District Enrichment Programs and Park and Recreation Department, Gymnastics & Northern Shaolin instruction (400 students served)

Mill Valley, CA 1992-1998

Fort Miley Adventure Ropes Course Leader and Leader Trainer (Youth At Risk)

San Francisco 1983-1994

Environmental Traveling Companions: Skiing and Rafting guide, for severely disabled youth and adults

California 1990-1992

City of Oakland Creative Dance Instructor  
Oakland 1991-1992

Private Lessons: Group and Individual, (countless private clients)

1992 - present

## **Education (Martial Arts, Dance Theater and Ritual)**

San Francisco State University Dance Ethnology & Performance (B.A.)

United States 1989

Oomoto School of Traditional Arts Noh Dance, Budo (ritual martial arts), Tea Ceremony (Chado), two month long intensive residency

Kamioka, Japan 1987

School of Mines, Dance and Physical Theater Program (1 year)

Ballarat, Australia 1985

Chinese Martial Arts (37 years of study and practice, over 30,000 hours. Accompanying dates represent first year of study.)

Northern Shaolin Bing Gong student of Kuo Lien-Ying, Chinese Opera character based martial arts (beginning at age 10) 1977

Yiquan Bing Gong 1987

Taijiquan (Guang Ping Yang Style) Bing Gong 1987

<u>Taijiquan (Chen Style)</u> George Xu (Xu Guoming), Zhang Xuexiu	1989
<u>Baguazhang</u> George Xu, Bruce Kumar Frantzis	1989
<u>Liuhexinyi</u> George Xu	1989
<u>Lanshou</u> George Xu, Ye Xiaolong	1989
<u>Taijiquan (Wu Style)</u> Bruce Kumar Frantzis	1993
<u>Daoyin (Orthodox Style Daoist Yoga/Qigong)</u> Liu Ming	1997
<u>Daoyin (Animal Circus Performance Style Daoist Yoga/Qigong)</u> Paulie Zink	2000
<u>Operate Conditioning and Self-defense Law</u> Sgt. Rory Miller author of <i>Meditations on Violence</i> , YMAA Publication Center, 2008. Completed Instructor Course in 2015.	2009-2015
<u>Silat/Eskrima (weapons)</u> Maija Soderholm, last disciple of Sonny Umpad	2010
<u>Modern Dance (10 years)</u>	1985-1995
<u>Influential choreography teachers</u> Sara Shelton Mann, Keith Hennessy, Garth Fagan, Lucas Hoving	
<u>Influential technique teachers</u> Sara Shelton Mann (disciple of Alwin Nikolais), C.G Seville (disciple of Charles Weidman), Susan Whip (Limón technique), Robin Sedgwick (Graham technique)	
<u>Kathak, North Indian Classical Dance Theater (6 years)</u> Pandit Chitresh Das, San Francisco, San Anselmo, CA	1988-1994
<u>African Haitian Dance</u> Katherine Dunham Technique (4 years) Alicia Pierce (disciple of Katherine Dunham), San Francisco	1986-1990
<u>Congolese Dance (4 years)</u> Malonga Casquelourd, San Francisco, Oakland	1987-1991
<u>Ballet, (4 years)</u> Alonzo King, choreographer for <i>Lines Dance Company</i> , San Francisco C.G. Seville, lead dancer for <i>Charles Weidman Dance Company</i> , San Francisco	1986-1990
<u>Improvisational Theater</u>	

Keith Johnston (*author of Impro*), attended the first of 4 workshops at the San Francisco Zen Center at age 15 1982-2005

Tabla: North Indian Classical Drumming (4 years) 1990-1994  
Pandit Swapan Chauhdri, *Ali Akbar College of Music, San Rafael, CA*

## Daoism: Education & Organizational Management

Orthodox Daoism in America, (9 years)

Training in meditation, inner alchemy, dream practice, *daoyin*, ritual, medicinal cooking, history, aesthetics and extensive text study

Duties included teaching, accounting, fundraising, organizing retreats

Santa Cruz, CA 1996-2005

## Singular Experiences

Social Thought a National Public Radio (NPR) weekly program, "Interviewing the world's leading interdisciplinary scholars, who are exploring how institutions think."

Executive Reader for the host Michael Phillips (10 years)

1987-1998

Fisherman crewed on *The Home II (long-lining)*, and *The Wendy A (trolling)*, the *Wendy A* was the model boat for the label of the popular beer *Alaskan Amber Ale*.

Alaska(May-Aug) 1992

Sea Scouts of America The Navigator (Ship 100), a one hundred year old wooden sailing whale boat, *Able Seaman (rank)*, duties: *Shop Keeper, Logistics, Shipwright*.

San Francisco 1980-1984

## Daoist and Martial Arts Performances

*As a performing artist who understands the study of martial arts as part of a larger ritual performance culture, **performing** is an integral part of what I do. Performing for students, teachers and the public is a continuous process that takes place both inside and outside the normal staged performance realm.*

Cardiff University First International Martial Arts Studies Conference (paper and performance).

Cardiff, UK 2015

New England Conference (NEAAS), "Daoyin Reimagined" a panel, paper, performance, discussion, and participatory workshop, with Sabina Knight Phd. and Daniel Mroz Phd.

University of Connecticut 2014

<u>International Conference on Daoism</u> (classes, papers & performances).		
	Vashon Island, WA	2002
	Loyola Marymount University, CA	2009
	Boston University	2014

<u>Essence of Change</u> , internal martial arts school, performance & class.		
	Israel	2008

<u>Performing Arts Workshop</u> , solo performances & choreographed student performances using martial arts, theater, percussion and improvisation (4-10 every year for 11 years)		
	San Francisco	2001-2012

<u>American College of Traditional Chinese Medicine (ACTCM)</u> , 2-5 performances and workshops for new students and community outreach projects per year (5 years)		
	San Francisco	2002-2007

<u>Orthodox Daoism in America</u> multiple performances at public fundraisers		
	Santa Cruz, San Francisco	1996-2005

### **Dance and Theater Performances**

<u>Ellen Webb Dance Company</u> , numerous performances including the legendary <i>Los Angeles Arts Festival in 1990</i>		
	Oakland	1989-1992

<u>Kathak</u> (numerous North Indian Classical Dance performances)		
	San Francisco, Berkeley, India	1992-1995

<u>Talking Dance Project</u> choreographed by Keith Hennessey, at Project Artaud		
	San Francisco	1990

<u>10 Men, Under A Freeway</u> choreographed by Keith Hennessey		
	San Francisco	1990

<u>The Spiral Dance</u> (Reclaiming Collective) choreographer and dancer		
	San Francisco	1989

Playing at Work, Working at Play Theater

	San Francisco	1988
<u>TAG</u> (Theater Action Group)	San Francisco	1988-1990
<u>Mud People</u> a public street performance ritual	San Francisco	1988, 1989, 1990
<u>Theater of Changes</u> solo, part of the <i>Rad Cult Fest</i>	San Francisco	1988
<u>Anything Goes (Wrong)</u> , part of <i>Alcemedias</i> , Inter-Arts (dance-theater-video), directed by Michele Rabkin, at The Lab	San Francisco	1987
<u>Graffiti Dance Theater</u> choreographed by Robin Sedgwick		
	Australia	1985
<u>Ballarat Community Theater</u> (multiple mask and mime productions)		
	Australia	1985
<u>Inland Surfers</u> (touring group, original music and clowning)		
	Australia	1985

## Publications

*Possible Origins, A Cultural History of Chinese Martial Arts, Theater, and Religion*, forthcoming 2016.

“Cracking the Code: Taijiquan as Enlightenment Theater,” forthcoming in *Daoism and the Military*, Three Pines Press 2016.

“Daoyin Reimagined: A Comparison of Three Embodied Traditions,” co-authored with Daniel Mroz Phd. *Journal of Daoist Studies* 9. (p. 139-158), Three Pines Press, 2016. Review of “*Demonic Warfare: Daoism, Territorial Networks and the History of a Ming Novel* by Mark R.E. Meulenbeld,” in *Journal of Martial Arts Studies* vol. 1, (p. 97-102), Cardiff University Press, 2015.

"Portrait of an American Daoist, Charles Belyea/Liu Ming" in *Journal of Daoist Studies*, Vol. 1, (p. 161-176), Three Pines Press, 2008.

“Theater, Ritual and Exorcism in Chinese Martial Arts,” *unpublished manuscript* available at [Daoiststudies.org](http://Daoiststudies.org) & [Academia.edu](http://Academia.edu) delivered at the *5th International Conference on Daoism*, 2010.



*The Workshop Out of School*, a US Department of Education “Best Practices Study,” (featured teaching artist), Performing Arts Workshop, 2008.

*Lessons from the Workshop*, a US Department of Education “Best Practices Study,” (featured teaching artist), Performing Arts Workshop, 2006.

“Taijiquan and Push Hands” & “Daoism in Taijiquan” two essays published in *Zu den Quellen des Taijiquan: Das Dao in Bewegung*, edited & translated by Luc Theler, Neue Erde, 2002.

Review of “*Fu Zhongwen: Mastering Yang Style Taijiquan*, by Louis Swaim,” *Frost Bell*, the newsletter of Orthodox Daoism in America, vol. 12, 2002.

*Dancer’s Voice*, a newsletter for the SFSU Dance Department, creator, editor, and feature writer for vol.1 & 2, 1987.

### **Web Presence**

*Youtube Lecture Demonstrations* (over one million views)

2006-present

*Weakness with a Twist* a blog with over 1000 posts, [northstarmartialarts.com/blog1](http://northstarmartialarts.com/blog1)

2007-present